

First Name	Last Name	No	Gender	Categ	Club	Series Totals			Results			Race 1		Race 2		Race 3		Race 4	
						No Races	Time	G Pos	Overall	Gender	Categ	Time	G Pos	Time	G Pos	Time	G Pos	Time	G Pos
Darlington	Magalela	392	Male	V35	Long Eaton Running Club	4	01:39:47	6	1	1	1	00:22:11	1	00:34:24	2	00:26:58	1	00:16:14	2
Richard	Pearson	252	Male	Sen	stilton striders	4	01:42:04	15	2	2	1	00:22:49	2	00:35:33	6	00:27:09	2	00:16:33	5
Andrew	Taplin	510	Male	V55	Beeston AC	4	01:44:21	29	3	3	1	00:23:42	4	00:36:11	9	00:27:28	5	00:17:00	11
Niall	Rennie	376	Male	Sen	TFN Triathlon Club	4	01:44:30	25	4	4	2	00:23:34	3	00:36:09	7	00:27:51	6	00:16:56	9
Christopher	Hicks	337	Male	V35	Beeston AC	4	01:46:53	41	5	5	2	00:23:59	9	00:36:35	10	00:28:40	7	00:17:39	15
Ian	Benskin	152	Male	V45	Shepshed Running Club	4	01:47:35	51	6	6	1	00:23:47	6	00:37:13	15	00:28:43	8	00:17:52	22
Ben	Wilson	188	Male	V35	Redhill Road Runners	4	01:47:55	48	7	7	3	00:23:55	8	00:37:11	14	00:29:02	9	00:17:47	17
Andrew	Scott	411	Male	V35	Beeston AC	4	01:48:31	54	8	8	4	00:23:45	5	00:37:44	19	00:29:12	11	00:17:50	19
Mike	Oakley	528	Male	V35	Beeston AC	4	01:50:18	70	10	9	3	00:24:33	12	00:38:06	21	00:29:45	14	00:17:54	23
Oscar	Wyszynski	210	Male	Sen	Rushcliffe AC	4	01:50:57	77	11	10	4	00:24:11	11	00:39:09	35	00:29:51	15	00:17:46	16
Mark	Hornsey	395	Male	V45	Redhill Road Runners	4	01:51:56	92	12	11	2	00:24:43	14	00:38:31	25	00:29:59	17	00:18:43	36
Adam	Boydell	611	Male	Sen		4	01:52:05	82	13	12	5	00:26:05	28	00:38:49	28	00:29:40	13	00:17:31	13
John	Hunt	386	Male	V55	Beeston AC	4	01:52:17	91	14	13	2	00:24:57	15	00:39:04	29	00:29:53	16	00:18:23	31
Edward	Johnson-Kolb	400	Male	V35	Redhill Road Runners	4	01:52:43	92	15	14	5	00:25:00	16	00:38:42	27	00:30:39	19	00:18:22	30
David	Beighton	512	Male	V35	Beeston AC	4	01:53:25	98	16	15	6	00:25:07	18	00:39:06	32	00:30:54	21	00:18:18	27
Colin	Smith McGlo	29	Male	V45	Beeston AC	4	01:54:13	114	17	16	3	00:25:58	24	00:39:19	38	00:30:17	18	00:18:39	34
Stephen	Mason	430	Male	V45	Beeston AC	4	01:54:24	109	18	17	4	00:25:49	20	00:39:09	34	00:30:45	20	00:18:41	35
Alistair	Campbell	186	Male	V35	Redhill Road Runners	4	01:54:59	125	19	18	7	00:25:24	19	00:39:47	42	00:30:59	23	00:18:49	41
Ethan	Sosin	355	Male	Sen		4	01:55:29	129	20	19	6	00:25:52	21	00:39:11	36	00:31:35	30	00:18:51	42
Dale	Western	31	Male	V35		4	01:55:36	131	21	20	8	00:26:09	29	00:39:43	41	00:30:59	22	00:18:45	39
Steve	Carr	171	Male	V35	Rushcliffe AC	4	01:55:58	133	22	21	9	00:25:58	25	00:39:56	43	00:31:18	25	00:18:46	40
David	Gordon	465	Male	V35		4	01:56:18	136	23	22	10	00:25:55	22	00:40:14	47	00:31:15	24	00:18:54	43
Nick	Brown	140	Male	Sen		4	01:56:24	139	24	23	7	00:26:12	30	00:40:02	45	00:31:26	27	00:18:44	37
Ian	Scarrott	424	Male	V35	Long Eaton Running Club	4	01:56:50	138	25	24	11	00:26:24	33	00:39:08	33	00:32:54	40	00:18:24	32
Josh	Gardiner	616	Male	Sen		4	01:58:54	173	26	25	8	00:26:49	36	00:41:23	57	00:31:30	28	00:19:12	52
David	Pruszek	248	Male	V45		4	01:59:26	178	28	26	5	00:26:35	34	00:40:41	50	00:32:46	39	00:19:24	55
James	Millett-Edwar	600	Male	Sen		4	01:59:38	181	29	27	9	00:27:52	48	00:41:06	53	00:31:31	29	00:19:09	51
Rob	Henderson	447	Male	V35	Beeston AC	4	02:00:07	184	30	28	12	00:27:07	40	00:41:38	58	00:32:13	36	00:19:09	50
Thomas	Miller	42	Male	Sen		4	02:00:49	180	31	29	10	00:25:56	23	00:43:28	76	00:32:30	37	00:18:55	44
Guy	Heywood	351	Male	V35	Best Athletics	4	02:03:16	222	34	30	13	00:27:33	44	00:42:50	70	00:33:01	42	00:19:52	66
Chris	Trinder	574	Male	V35		4	02:03:35	232	35	31	14	00:27:40	46	00:42:35	67	00:33:06	45	00:20:14	74
Kurt	Wilson	350	Male	V45	stilton striders	4	02:04:21	241	36	32	6	00:28:00	51	00:42:29	66	00:33:30	47	00:20:22	77
Rhodri	Price	311	Male	V45	Southwell Running Club	4	02:05:37	244	37	33	7	00:28:21	55	00:43:49	79	00:33:38	48	00:19:49	62
Daniel	Kett	305	Male	Sen		4	02:05:52	256	38	34	11	00:27:57	49	00:43:31	78	00:34:07	53	00:20:17	76
Ian	Culshaw	165	Male	V35	TFN Triathlon Club	4	02:06:56	266	40	35	15	00:27:51	47	00:44:36	91	00:34:36	61	00:19:53	67
Darren	Evans	85	Male	Sen	Beeston AC	4	02:07:27	294	42	36	12	00:28:47	58	00:43:29	77	00:33:40	49	00:21:31	110
Tom	Harding	86	Male	V35		4	02:07:37	281	43	37	16	00:28:17	54	00:44:01	81	00:34:31	59	00:20:48	87
Tom	Harris	257	Male	V35		4	02:07:59	283	44	38	17	00:28:15	53	00:44:44	92	00:34:17	54	00:20:43	84
Matt	Hearn	9	Male	V35	Rebel Runners	4	02:08:25	289	45	39	18	00:28:58	62	00:44:16	85	00:34:25	57	00:20:46	85
Mark	Tyler	231	Male	V55	stilton striders	4	02:08:29	299	46	40	3	00:29:53	78	00:43:13	73	00:34:33	60	00:20:50	88
Gregor	Howell	486	Male	Sen		4	02:08:46	294	47	41	13	00:29:01	63	00:44:53	93	00:34:23	56	00:20:29	82
Matt	Brown	162	Male	V55	Formula One Circuit Crew	4	02:08:58	307	48	42	4	00:28:56	61	00:44:15	84	00:34:20	55	00:21:27	107
Simon	Evans	100	Male	V35	Formula One Circuit Crew	4	02:09:19	312	49	43	19	00:28:44	57	00:44:25	87	00:34:55	65	00:21:15	103
David	Jones	603	Male	V35		4	02:10:29	329	51	44	20	00:28:49	59	00:45:09	101	00:35:21	69	00:21:10	100
Christopher	Bristow	220	Male	Sen		4	02:10:29	322	52	45	14	00:29:32	74	00:44:33	90	00:35:36	72	00:20:48	86
Owen	Jones	413	Male	V55	Redhill Road Runners	4	02:10:32	324	54	46	5	00:28:51	60	00:45:12	103	00:35:36	71	00:20:53	90
David	Cross	222	Male	V35	Beeston AC	4	02:10:42	327	55	47	21	00:31:02	101	00:44:33	89	00:34:54	64	00:20:13	73
Jonathan	Hardy	331	Male	V55	RRR	4	02:11:02	350	56	48	6	00:29:08	69	00:45:11	102	00:35:10	68	00:21:33	111
Ian	Lonie	387	Male	V35	Ruddington Running Club	4	02:11:14	346	57	49	22	00:29:16	70	00:44:59	97	00:35:50	81	00:21:09	98
Iyan	Bunhejee	11	Male	V45	Kimberley & District Striders	4	02:11:36	357	58	50	8	00:29:55	79	00:45:04	99	00:34:49	63	00:21:48	116
Jim	Lee	117	Male	V45	Embankment Run Club	4	02:11:42	351	59	51	9	00:30:31	93	00:44:21	86	00:35:45	78	00:21:05	94
Alec	MacLean	48	Male	V55	Beeston AC	4	02:11:48	356	60	52	7	00:29:29	73	00:45:18	105	00:35:33	70	00:21:28	108
Tim	Dendy	537	Male	V45		4	02:12:32	368	61	53	10	00:29:05	65	00:46:23	118	00:35:53	83	00:21:11	102
Mark	Tomlinson	83	Male	V55	Redhill Road Runners	4	02:12:39	376	63	54	8	00:29:48	77	00:45:17	104	00:35:50	80	00:21:44	115
Andrew	Gillie	379	Male	V35		4	02:13:02	366	64	55	23	00:32:03	114	00:44:53	94	00:35:09	67	00:20:57	91
Nick	Donovan	332	Male	V45		4	02:13:28	388	65	56	11	00:30:18	86	00:45:35	108	00:36:05	85	00:21:30	109
Will	Cooper	358	Male	V35		4	02:13:44	394	68	57	24	00:30:35	94	00:46:08	117	00:35:50	82	00:21:11	101

Jordan	Stephenson	60	Male	Sen		4	02:13:49	394	69	58	15	00:29:56	81	00:46:04	115	00:35:49	79	00:22:00	119		
James	Furness	169	Male	Sen	Redhill Road Runners	4	02:14:20	393	71	59	16	00:30:30	92	00:46:00	113	00:36:42	91	00:21:08	97		
Luke	Saxton	247	Male	V35		4	02:14:58	417	72	60	25	00:29:06	66	00:46:03	114	00:35:39	74	00:24:10	163		
Alan	Maplethorpe	103	Male	V55	Long Eaton Running Club	4	02:15:06	399	73	61	9	00:29:23	72	00:48:18	138	00:35:42	75	00:21:43	114		
David	Riley	246	Male	V65	Long Eaton Running Club	4	02:15:41	436	74	62	1	00:30:03	84	00:45:38	109	00:35:57	84	00:24:03	159		
John	Hillier	236	Male	V45	Holme Pierrepont RC	4	02:16:40	433	76	63	12	00:30:08	85	00:47:17	122	00:36:59	98	00:22:16	128		
Mark	Oldham	582	Male	V35	Hucknall Harriers	4	02:17:10	393	78	64	26	00:26:50	37	00:51:28	175	00:39:44	132	00:19:08	49		
Peter	Battison	396	Male	V55	BERC	4	02:17:25	444	79	65	10	00:30:37	96	00:47:47	130	00:36:50	94	00:22:11	124		
Jake	Moses	369	Male	V35	Beeston AC	4	02:17:30	437	80	66	27	00:31:31	108	00:47:45	129	00:36:54	96	00:21:20	104		
Jon	Boyce	16	Male	V45	Beeston AC	4	02:18:08	453	81	67	13	00:31:27	106	00:47:38	128	00:36:48	93	00:22:15	126		
Geoff	Pennington	529	Male	V55	Beeston AC	4	02:18:14	454	82	68	11	00:31:22	104	00:47:51	132	00:37:03	100	00:21:58	118		
Chris	Wood	443	Male	V65	Formula One Circuit Crew	4	02:18:36	469	83	69	2	00:31:05	102	00:47:54	134	00:37:11	102	00:22:26	131		
Daniel	Churchill	294	Male	V35	Formula One Circuit Crew	4	02:18:53	469	84	70	28	00:30:36	95	00:48:17	137	00:37:32	104	00:22:28	133		
James	Lambert	380	Male	V35		4	02:19:04	473	85	71	29	00:31:44	111	00:47:50	131	00:36:58	97	00:22:32	134		
Philip	Hardy	324	Male	V55	RRR	4	02:19:10	465	86	72	12	00:30:56	100	00:48:14	136	00:37:50	106	00:22:10	123		
Chris	Page	474	Male	V35	stilton striders	4	02:19:22	462	87	73	30	00:30:46	98	00:49:56	153	00:36:35	90	00:22:05	121		
John	Armour	366	Male	V55	RRR	4	02:20:35	493	89	74	13	00:30:53	99	00:48:20	139	00:38:03	110	00:23:19	145		
Adrian	Barrell	137	Male	V55	ILKESTON RUNNING CLUB	4	02:20:56	488	91	75	14	00:29:57	82	00:49:49	152	00:38:34	117	00:22:36	137		
Callum	Gill	553	Male	Sen		4	02:21:32	498	92	76	17	00:31:22	105	00:49:02	141	00:38:21	114	00:22:47	138		
Leo	Rrdferm	259	Male	Sen		4	02:21:32	504	93	77	18	00:31:47	112	00:47:21	124	00:39:06	124	00:23:18	144		
Matthew	McDonnell	115	Male	Sen		4	02:22:25	514	96	78	19	00:31:48	113	00:49:31	149	00:38:31	116	00:22:35	136		
Chris	Peaston	588	Male	V55	RRR	4	02:22:51	518	98	79	15	00:31:35	110	00:49:21	148	00:38:20	113	00:23:35	147		
Andy	Towers	149	Male	V55		4	02:23:08	519	99	80	16	00:32:32	119	00:49:11	143	00:37:41	105	00:23:44	152		
Rob	Mee	119	Male	V55	stilton striders	4	02:23:16	525	100	81	17	00:32:53	127	00:49:31	150	00:37:50	107	00:23:02	141		
Simon	Winiarski	201	Male	V45		4	02:26:12	560	104	82	14	00:32:35	121	00:50:51	165	00:39:07	125	00:23:39	149		
Craig	Short	402	Male	V35	Bilsthorpe Running Club	4	02:26:19	563	105	83	31	00:33:02	129	00:50:22	158	00:39:02	122	00:23:53	154		
Mike	Read	67	Male	V65	Beeston AC	4	02:27:14	578	107	84	3	00:33:15	134	00:51:05	168	00:39:05	123	00:23:49	153		
Martin	Tilling	381	Male	V55		4	02:27:35	592	108	85	18	00:33:09	132	00:50:57	166	00:39:14	127	00:24:15	167		
Nigel	Hillier	356	Male	V65	Barrow Runners	4	02:28:01	592	111	86	4	00:32:43	123	00:52:04	182	00:39:09	126	00:24:05	161		
Simon	D'Archivio	382	Male	V35		4	02:28:14	600	112	87	32	00:33:24	136	00:49:58	154	00:40:38	144	00:24:14	166		
David	Edwards	136	Male	V35		4	02:29:07	606	113	88	33	00:33:21	135	00:51:57	181	00:39:47	133	00:24:02	157		
Dave	Nettleton	462	Male	V55		4	02:29:09	613	114	89	19	00:33:42	143	00:51:19	172	00:40:03	138	00:24:05	160		
Chris	Dwyer	172	Male	V55	Redhill Road Runners	4	02:29:16	619	115	90	20	00:33:03	130	00:51:39	176	00:39:49	134	00:24:45	179		
Chris	Hardy	62	Male	V45	Beeston AC	4	02:29:22	606	116	91	15	00:33:26	137	00:50:36	162	00:41:37	156	00:23:43	151		
Mark	Sadler	68	Male	V55	Barrow Runners	4	02:29:49	633	117	92	21	00:34:10	152	00:50:49	164	00:40:09	141	00:24:41	176		
Joon	Tan	375	Male	V35		4	02:29:54	617	119	93	34	00:32:51	125	00:52:40	185	00:39:51	135	00:24:32	172		
Chris	Royles	268	Male	V55		4	02:30:13	634	120	94	22	00:33:07	131	00:51:47	180	00:40:31	143	00:24:48	180		
Ian	Cross	414	Male	V45		4	02:30:55	626	122	95	16	00:34:09	151	00:53:02	188	00:40:08	139	00:23:36	148		
Richard	Owen	307	Male	V65		4	02:31:18	656	123	96	5	00:34:23	155	00:51:45	178	00:39:55	136	00:25:15	187		
Clint	Southern-Wa	18	Male	V45	Beeston AC	4	02:32:16	665	126	97	17	00:34:13	153	00:52:18	183	00:40:38	145	00:25:07	184		
Joe	Shearring	339	Male	V35		4	02:32:22	639	127	98	35	00:33:52	146	00:54:48	207	00:40:09	140	00:23:33	146		
David	Walsh	433	Male	V55	Redhill Road Runners	4	02:33:11	676	129	99	23	00:33:59	148	00:51:42	177	00:41:50	159	00:25:40	192		
Chris	Corder	515	Male	V45		4	02:33:12	655	130	100	18	00:33:29	138	00:54:37	204	00:40:53	148	00:24:13	165		
Steve	Lawson	326	Male	V55	Redhill Road Runners	4	02:33:13	670	131	101	24	00:33:56	147	00:53:54	196	00:40:15	142	00:25:08	185		
Gary	O'Brien	605	Male	V35	Hucknall Harriers	4	02:33:20	664	132	102	36	00:33:59	149	00:53:36	192	00:41:24	155	00:24:21	168		
Alan	Armstrong	302	Male	V55	RRR	4	02:33:30	665	133	103	25	00:37:27	180	00:51:26	174	00:40:03	137	00:24:34	174		
Andrew	Bee	110	Male	V55	Redhill Road Runners	4	02:34:39	686	137	104	26	00:33:47	144	00:53:56	198	00:40:42	146	00:26:14	198		
Craig	Lord	264	Male	V55		4	02:34:40	687	138	105	27	00:34:37	157	00:54:03	200	00:41:17	152	00:24:43	178		
Paul	Leaney	111	Male	V65	Barrow Runners	4	02:34:52	685	139	106	6	00:36:08	168	00:53:07	189	00:40:43	147	00:24:54	181		
Jonathan	Littler	84	Male	V35	Formula One Circuit Crew	4	02:35:21	679	141	107	37	00:33:50	145	00:55:16	210	00:42:06	162	00:24:09	162		
David	Paterson	223	Male	V35	Beeston AC	4	02:36:01	694	142	108	38	00:35:33	166	00:54:47	206	00:41:20	153	00:24:21	169		
Ian	Abbott	303	Male	V55	Trail Running Association	4	02:37:42	720	144	109	28	00:35:07	162	00:55:37	212	00:40:56	149	00:26:02	197		
Albert	Charles	407	Male	Sen		4	02:38:43	727	146	110	20	00:35:12	163	00:54:43	205	00:43:21	170	00:25:27	189		
Wayne	Vickers	459	Male	V35		4	02:38:56	724	147	111	39	00:37:05	178	00:53:55	197	00:42:56	167	00:25:00	182		
James	Lees	415	Male	V45		4	02:39:52	725	148	112	19	00:36:37	173	00:56:36	217	00:42:10	164	00:24:29	171		
Richard	Spencer	285	Male	V55	Fetch Everyone Running Club	4	02:40:31	736	149	113	29	00:35:24	164	00:57:36	222	00:41:16	151	00:26:15	199		
Jonathan	Smith	391	Male	V45		4	02:40:57	744	151	114	20	00:36:26	170	00:56:41	218	00:42:06	163	00:25:44	193		
Callum	Bott	340	Male	V35		4	02:41:01	728	152	115	40	00:36:31	171	00:53:12	191	00:46:45	193	00:24:33	173		
Jonathan	Short	204	Male	V45	Nottingham Fronrunners	4	02:42:30	765	155	116	21	00:36:56	177	00:55:17	211	00:43:48	174	00:26:29	203		

Richard	Hemsley	328	Male	V75+		4	02:42:56	764	157	117	1	00:37:06	179	00:56:26	216	00:43:04	168	00:26:20	201		
Kevin	Roughton	44	Male	V45	Long Eaton Running Club	4	02:45:14	779	160	118	22	00:36:41	175	00:57:30	221	00:43:56	176	00:27:07	207		
Alessandro	Chimenti	28	Male	V65	Holme Pierrepont RC	4	02:45:21	783	161	119	7	00:37:55	183	00:55:45	213	00:44:35	181	00:27:06	206		
Barney	Paul	432	Male	Sen		4	02:47:17	783	163	120	21	00:36:48	176	00:58:11	225	00:46:43	192	00:25:35	190		
Martin	Powell	320	Male	V65	RRR	4	02:48:02	796	165	121	8	00:38:42	188	00:58:04	224	00:44:57	184	00:26:19	200		
Frank	Skillington	523	Male	V75+		4	02:48:13	796	166	122	2	00:37:58	184	00:58:58	229	00:43:46	173	00:27:31	210		
Alan	Barclay-Devir	23	Male	V65	DUNSTABLE ROAD RUNNERS	4	02:49:36	805	167	123	9	00:38:36	187	00:58:47	227	00:44:55	183	00:27:18	208		
Steve	Pike	88	Male	V55		4	02:50:45	815	168	124	30	00:37:35	182	00:58:54	228	00:45:29	185	00:28:47	220		
Chris	Peace-Gadsb	321	Male	V45		4	02:54:31	834	173	125	23	00:40:39	198	00:59:27	232	00:46:35	191	00:27:50	213		
Mark	Smith	51	Male	V55	Robin Hood Runners	4	02:54:48	831	175	126	31	00:40:13	196	00:58:21	226	00:49:23	205	00:26:51	204		
James	Southerington	232	Male	V55		4	02:56:49	849	178	127	32	00:39:26	191	01:01:03	237	00:47:21	198	00:28:59	223		
Alan	Jacobs	153	Male	V55		4	02:56:50	847	179	128	33	00:38:52	189	01:01:43	241	00:48:17	202	00:27:58	215		
Seb	Allinson	325	Male	Sen		4	02:57:48	810	181	129	22	00:35:35	167	01:09:23	253	00:46:54	194	00:25:56	196		
Ross	Crombie	213	Male	V65	RRR	4	02:58:03	852	182	130	10	00:40:25	197	01:02:12	242	00:47:10	196	00:28:16	217		
David	Gill	589	Male	V65	Notfast RC	4	02:59:59	871	184	131	11	00:40:46	201	01:01:34	240	00:47:47	200	00:29:52	230		
Neil	Roberts	203	Male	V55	Erewash Valley RC	4	03:04:35	879	188	132	34	00:41:51	206	01:04:24	245	00:49:14	204	00:29:06	224		
Leon	Hunt	66	Male	V55	Formuta One Circuit Crew	4	03:06:33	884	193	133	35	00:42:22	209	01:05:14	247	00:50:17	209	00:28:40	219		
Phillip	Hall	167	Male	V65		4	03:07:34	889	194	134	12	00:41:40	203	01:06:41	250	00:49:28	207	00:29:45	229		
David	Kilner	45	Male	V65	Best Athletics	4	03:34:06	920	212	135	13	00:50:34	216	01:15:18	255	00:54:50	213	00:33:24	236		
Tim	Amos	281	Male	V65		4	03:37:03	920	213	136	14	00:46:59	215	01:22:07	256	00:54:18	212	00:33:39	237		
Stuart	Gregory	3	Male	V55	Desford Striders	4	04:29:23	927	216	137	41	01:00:54	217	01:32:19	257	01:14:18	214	00:41:52	239		
Simon	Parke	118	Male	V55	Embankment Run Club	3						00:29:02	64	00:44:00	80	-	-	00:20:23	78		
Robert	Pruszek	383	Male	V45	Sutton in Ashfield Harriers & A	3						00:28:07	52	00:44:30	88	00:36:10	86	-	-		
Gareth	Rawson	568	Male	V45		3						00:34:44	160	00:51:46	179	-	-	00:24:42	177		
Chris	Neale	276	Male	V55		3						00:33:34	140	00:50:09	155	00:38:54	120	-	-		
James	Nichols	269	Male	V45	Holme Pierrepont RC	3						00:31:33	109	-	-	00:44:16	178	00:22:50	139		
Anthony	Squire	501	Male	V45	Holme Pierrepont RC	3						00:29:46	76	00:44:05	82	-	-	00:20:53	89		
Simon	Wilson	490	Male	V45	Rebel Runners Nottingham	3						00:41:43	204	-	-	00:48:08	201	00:29:15	226		
Cary	Ward	608	Male	V35	Ruddington Running Club	3						00:30:25	90	00:47:29	126	-	-	00:22:16	127		
Gordon	Stoner	12	Male	V65	Beeston AC	3						00:34:38	158	-	-	00:42:31	165	00:25:45	194		
Allan	Wilson	531	Male	V45	Notts AC	3						00:33:36	142	00:53:08	190	-	-	00:25:40	191		
Richard	Webster	14	Male	V55	Lonely Goat RC	3						00:35:25	165	00:53:53	195	00:42:05	161	-	-		
James	Allen	36	Male	V55	Holme Pierrepont RC	3						-	-	00:47:25	125	00:37:26	103	00:22:23	130		
Peter	Woods	440	Male	V55		3						00:37:29	181	00:54:05	201	-	-	00:25:45	195		
Daniel	Bennett	478	Male	V35		3						-	-	01:02:33	243	00:47:23	199	00:27:42	211		
Ian	Stevens	74	Male	V55	Beeston AC	3						-	-	00:47:09	121	00:35:43	77	00:22:03	120		
Barrie	Smithson	420	Male	V55	Formuta One Circuit Crew	3						-	-	00:51:26	173	00:39:17	129	00:24:13	164		
John	O'Shea	93	Male	V55	Holme Pierrepont RC	3						-	-	00:53:57	199	00:41:46	158	00:25:24	188		
Jamie	Griffith	53	Male	V45	Beeston AC	3						00:29:08	68	-	-	00:34:56	66	00:20:27	80		
Rob	Hardiman	195	Male	Sen		3						00:34:03	150	00:52:38	184	00:41:23	154	-	-		
Mark	Rose	125	Male	V65	Holme Pierrepont RC	3						-	-	01:07:40	251	00:45:52	187	00:28:22	218		
Lee	Shilton	502	Male	V45		3						-	-	01:00:15	235	00:44:07	177	00:25:00	183		
Shaun	Burton	457	Male	V55	Long Eaton Running Club	3						00:38:17	185	-	-	00:43:10	169	00:30:55	234		
Lewis	Carr	176	Male	Sen	Rushcliffe AC	3						00:25:59	26	-	-	00:31:19	26	00:19:05	47		
Oliver	Matharu	286	Male	Sen	Holme Pierrepont RC	3						-	-	00:34:31	3	00:27:25	4	00:16:20	4		
Rhys	Griffiths	493	Male	V35		3						-	-	01:00:15	234	00:45:43	186	00:27:48	212		
Sean	Henry	104	Male	V55	Holme Pierrepont RC	3						-	-	00:41:54	59	00:31:58	34	00:19:50	63		
Stuart	Baird	102	Male	V55	Formula One Circuit Crew	3						00:38:23	186	-	-	00:43:49	175	00:27:24	209		
Niall	Mc Namara	475	Male	V35		3						00:25:02	17	00:39:13	37	-	-	00:18:14	26		
Mike	Sosin	352	Male	V45		3						00:27:18	41	-	-	00:32:40	38	00:19:35	57		
Mark	Bidmead	101	Male	V45	Holme Pierrepont RC	3						00:44:13	214	01:10:20	254	-	-	00:30:38	233		
Sam	Liu	606	Male	V55	Holme Pierrepont RC	3						00:42:26	210	01:05:50	249	00:50:44	210	-	-		
Colin	Sawers	109	Male	V35	Mansfield Harriers	3						00:41:37	202	01:01:27	239	00:46:06	190	-	-		
Simon	Ross	73	Male	V45	Holme Pierrepont RC	3						00:26:59	38	00:42:38	69	-	-	00:19:47	61		
Scott	Smith	241	Male	V45	Holme Pierrepont RC	3						00:32:53	126	-	-	00:44:17	179	00:27:05	205		
Kristian	Roebuck	199	Male	V35	Holme Pierrepont RC	3						00:27:25	43	00:41:57	60	-	-	00:20:28	81		
Joseph	Eccles	143	Male	Sen	Holme Pierrepont RC	3						00:32:35	120	-	-	00:38:06	111	00:22:22	129		
Matt	Chambers	439	Male	Sen		3						00:23:54	7	00:37:17	17	00:29:09	10	-	-		
Stephen	Eccles	142	Male	V65	Holme Pierrepont RC	3						00:34:40	159	-	-	00:39:35	131	00:24:03	158		

Dan	Jones	179	Male	V45	Holme Pierrepont RC	3								00:32:11	115	-	-	00:38:00	108	00:29:10	225		
Ian	Hunter	107	Male	V45	Beeston AC	3								00:24:36	13	00:37:54	20	00:29:24	12	-	-		
Chris	Jekiel	448	Male	V45	Holme Pierrepont RC	3								00:28:40	56	00:42:55	71	00:33:54	52	-	-		
Stef	Elliott	131	Male	V55		3								00:43:16	211	01:03:42	244	00:49:23	206	-	-		
Malachi	Grant	197	Male	Sen	Rushcliffe AC	3								00:26:49	35	00:41:23	56	00:31:51	33	-	-		
Remi	Gauvain	333	Male	V45	Holme Pierrepont RC	3								00:36:33	172	00:54:22	203	-	-	00:32:01	235		
Ian	Davies	536	Male	V35	Frantic Runners	3								00:32:42	122	00:50:20	157	00:38:11	112	-	-		
Tom	Pearce	251	Male	V35	Long Eaton Running Club	2								00:26:15	31	-	-	00:32:03	35	-	-		
Steven	Statham	298	Male	V55	Long Eaton Triathlon Club	2								00:41:45	205	-	-	00:49:45	208	-	-		
Dominic	Thornton	417	Male	V35		2								00:43:42	212	00:49:21	146	-	-	-	-		
Neil	Walker	390	Male	V55	Formula One Circuit Crew	2								00:39:32	194	-	-	-	-	00:27:51	214		
John	Walker	64	Male	V55	Beeston AC	2								00:30:23	88	00:46:00	112	-	-	-	-		
John	Tallamy	594	Male	V35	Beeston AC	2								00:32:55	128	-	-	00:38:48	118	-	-		
Stephen	Williams	494	Male	V45	Long Eaton Running Club	2								00:34:35	156	00:55:59	215	-	-	-	-		
Jonathan	Spurgin	243	Male	V45	Holme Pierrepont RC	2								00:29:08	67	-	-	-	-	00:21:02	93		
Guy	Wilkes	534	Male	V45	Long Eaton Running Club	2								00:39:28	193	-	-	00:46:05	189	-	-		
Andy	Aiston	56	Male	Sen	ILKESTON RUNNING CLUB	2								-	-	00:39:04	31	-	-	00:18:21	29		
Matthew	Aldridge	578	Male	V45	Holme Pierrepont RC	2								-	-	00:49:14	144	-	-	00:23:54	155		
Matthew	Audley	573	Male	V35		2								-	-	00:46:31	120	-	-	00:21:01	92		
Ben	Ashton	205	Male	V45	Ruddington Running Club	2								-	-	00:41:15	54	-	-	00:20:06	71		
Andrew	Barron	129	Male	V35	Holme Pierrepont RC	2								-	-	00:39:04	30	-	-	00:18:21	28		
Thomas	Carver-Smith	49	Male	V35	Long Eaton Running Club	2								-	-	00:42:13	64	-	-	00:20:02	69		
Brad	Caress	384	Male	Sen	Mansfield Harriers	2								-	-	00:35:07	5	-	-	00:16:48	8		
Matt	Cregan	72	Male	V45		2								-	-	00:47:52	133	-	-	00:23:40	150		
Marc	Faulder	229	Male	V35	Holme Pierrepont RC	2								-	-	00:42:01	63	-	-	00:19:47	60		
James	Billington	61	Male	V45		2								-	-	00:53:44	193	00:41:09	150	-	-		
Ian	Dyke	58	Male	V45	Holme Pierrepont RC	2								-	-	00:51:09	169	-	-	00:23:55	156		
David	Greenwood	273	Male	V45	Holme Pierrepont RC	2								-	-	00:36:44	11	-	-	00:17:48	18		
Stephen	Gott	571	Male	V45		2								-	-	00:51:13	171	-	-	00:23:16	143		
Mark	Preston	224	Male	V45	stilton striders	2								-	-	00:45:48	110	-	-	00:21:05	95		
Krzysztof	Turaj	150	Male	V45		2								-	-	00:45:34	107	-	-	00:22:13	125		
Ricki	Price	89	Male	V35		2								-	-	00:40:12	46	-	-	00:18:56	45		
Nick	Pidgeon	262	Male	V45	Holme Pierrepont RC	2								-	-	00:41:05	52	-	-	00:19:24	54		
James	Pearce	538	Male	V35	Holme Pierrepont RC	2								-	-	00:50:27	159	00:39:00	121	-	-		
John	Oldfield	202	Male	V75+	Holme Pierrepont RC	2								-	-	01:05:23	248	00:53:27	211	-	-		
Paul	Wade	504	Male	V35	Holme Pierrepont RC	2								-	-	00:40:32	48	-	-	00:18:59	46		
Andrew	Soley	576	Male	V35	Holme Pierrepont RC	2								-	-	00:37:13	16	-	-	00:17:51	21		
David	Smith	437	Male	V65	Beeston AC	2								-	-	00:50:40	163	00:38:30	115	-	-		
Ian	Upcott	470	Male	V35	Holme Pierrepont RC	2								-	-	00:39:32	39	-	-	00:18:33	33		
James	Smith	505	Male	V45	Holme Pierrepont RC	2								-	-	00:46:04	116	00:35:36	73	-	-		
David	Handford	27	Male	V55	Holme Pierrepont RC	2								00:28:00	50	00:43:07	72	-	-	-	-		
Matt	Hall	620	Male	V45		2								00:29:56	80	-	-	00:35:43	76	-	-		
Ady	Burnett	106	Male	V45		2								00:31:14	103	00:47:36	127	-	-	-	-		
Neil	Burden	267	Male	V35	Holme Pierrepont RC	2								-	-	-	-	00:33:03	43	00:19:51	65		
Geoff	Hardy	310	Male	V65	RRR	2								00:40:42	200	01:00:38	236	-	-	-	-		
Jack	Simkins	581	Male	Sen	Ruddington Running Club	2								-	-	00:50:14	156	-	-	00:22:32	135		
Anthony	Wright	26	Male	V45	Beeston AC	2								-	-	-	-	00:36:50	95	00:21:57	117		
Sam	Mellor	423	Male	Sen		2								-	-	00:40:49	51	-	-	00:18:44	38		
Rhys	Hughes	151	Male	Sen	Holme Pierrepont RC	2								-	-	00:45:20	106	-	-	00:21:42	113		
Drew	Hurst	235	Male	V35	Mansfield Harriers	2								-	-	00:36:11	8	-	-	00:17:23	12		
Matthew	Nash	138	Male	V35	Fordy Runs	2								-	-	00:44:56	96	-	-	00:20:09	72		
Ian	Marlow	78	Male	V55	Lonely Goat RC	2								-	-	00:54:17	202	00:42:02	160	-	-		
Michael	Lyons	630	Male	V55		2								-	-	00:42:36	68	-	-	00:20:06	70		
Rob	MacDonald	316	Male	V35	Holme Pierrepont RC	2								-	-	00:47:55	135	-	-	00:22:27	132		
Richard	Myers	261	Male	V35	Kimberley & District Striders	2								-	-	00:38:15	22	-	-	00:18:06	25		
Matthew	Nutt	530	Male	V35	Holme Pierrepont RC	2								-	-	00:37:09	13	00:27:17	3	-	-		
Andrew	Moat	184	Male	V35		2								-	-	00:55:02	209	-	-	00:25:08	186		
Ken	Morrell	46	Male	V65	Beeston AC	2								00:36:22	169	00:53:50	194	-	-	-	-		
Robert	Mugglestone	598	Male	V45	Holme Pierrepont RC	2								00:27:02	39	-	-	00:33:06	44	-	-		

Nick	Moody	601	Male	Sen	Beeston AC	2						00:27:24	42	-	-	-	-	00:19:43	59		
Steve	Nash	6	Male	V45	Huncote Harriers	2						00:29:20	71	00:43:23	74	-	-	-	-		
Andy	Shepherd	363	Male	Sen	TFN Triathlon Club	2						00:24:06	10	00:38:41	26	-	-	-	-		
Ian	Scotland	585	Male	V55		2						00:34:20	154	-	-	-	00:41:42	157	-	-	
Robert	Lees	476	Male	V65		2						00:39:57	195	01:01:19	238	-	-	-	-		
Anthony	Corcoran	508	Male	V45	Holme Pierrepont RC	2						00:29:39	75	00:45:50	111	-	-	-	-		
Paul	Shetton	587	Male	V45	Hucknall Harriers	2						00:32:28	118	00:49:46	151	-	-	-	-		
Ian	Machan	592	Male	V55		2						00:36:39	174	00:57:49	223	-	-	-	-		
David	Marshall	301	Male	V55	RRR	2						00:40:42	199	-	-	-	-	00:28:54	221		
Stewart	Smith	55	Male	V35	TFN Triathlon Club	2						00:39:16	190	-	-	-	00:45:59	188	-	-	
Matthew	Homewood	207	Male	V45	Holme Pierrepont RC	2						-	-	-	-	-	00:36:25	88	00:21:39	112	
Richard	Bourne	647	Male	V45		2						-	-	-	-	-	00:33:27	46	00:20:15	75	
Tony	Roe	342	Male	V55	RRR	2						-	-	-	-	-	00:47:14	197	00:28:54	222	
Lee	Bradly	591	Male	V35	Formula One Circuit Crew	2						00:33:35	141	-	-	-	00:39:17	128	-	-	
Clive	Greyson	135	Male	V55	Redhill Road Runners	2						-	-	-	-	-	00:38:02	109	00:23:14	142	
Joon Wee	Ho	127	Male	V35	TFN Triathlon Club	2						00:31:28	107	-	-	-	00:37:00	99	-	-	
Bob	Browne	436	Male	V65	Erewash Valley RC	2						-	-	-	-	-	00:44:41	182	00:26:25	202	
Neil	Gregory	272	Male	V45	Holme Pierrepont RC	2						00:42:18	208	-	-	-	00:49:01	203	-	-	
Tom	Reader	498	Male	V45	Beeston AC	2						-	-	-	-	-	00:34:29	58	00:20:41	83	
Craig	Cooper	97	Male	V45		2						00:41:56	207	-	-	-	-	-	00:29:32	228	
Iain	Lane	35	Male	V35		2						-	-	-	-	-	00:39:33	130	00:22:59	140	
Mark	Eiwell	425	Male	V45	Beeston AC	2						00:30:27	91	00:46:31	119	-	-	-	-		
Jonathan	Cross	2	Male	V55	Holme Pierrepont RC	2						00:33:33	139	-	-	-	-	-	00:28:08	216	
Glenn	Richen	623	Male	V55		1						00:26:20	32	-	-	-	-	-	-	-	
Clive	Taylor	181	Male	V55	Wilford Hill Running Club	1						00:30:39	97	-	-	-	-	-	-	-	
Mark	Connelly	192	Male	V45	Vegan Runners UK	1						-	-	00:45:02	98	-	-	-	-	-	
Scott	Barnes	217	Male	V35	Holme Pierrepont RC	1						-	-	00:36:53	12	-	-	-	-	-	
Alan	Baker	428	Male	V65		1						-	-	00:56:51	219	-	-	-	-	-	
Adrian	Buckner	485	Male	V55		1						-	-	00:55:46	214	-	-	-	-	-	
Jack	Dakin	506	Male	Sen	Unsanctioned Athletics	1						-	-	00:34:18	1	-	-	-	-	-	
Andrew	Flynn	514	Male	Sen		1						-	-	00:50:29	160	-	-	-	-	-	
John	Flynn	513	Male	V65		1						-	-	00:50:31	161	-	-	-	-	-	
Stephen	Davies	444	Male	V65	Mansfield Harriers	1						-	-	00:59:06	230	-	-	-	-	-	
Dennis	Sims	634	Male	V35		1						-	-	00:51:11	170	-	-	-	-	-	
Wayne	Stott	291	Male	V45	Redhill Road Runners	1						-	-	00:42:00	62	-	-	-	-	-	
Serik	Tokbolat	628	Male	V35		1						-	-	01:04:56	246	-	-	-	-	-	
Adam	Radford	54	Male	Sen		1						-	-	00:51:04	167	-	-	-	-	-	
Steve	Priscott	91	Male	V65	Holme Pierrepont RC	1						-	-	00:59:15	231	-	-	-	-	-	
Ben	Jeays	518	Male	V45	Beeston AC	1						-	-	00:37:35	18	-	-	-	-	-	
Samuel	Valman	593	Male	Sen	Beeston AC	1						-	-	00:42:28	65	-	-	-	-	-	
Douglas	Stewart	427	Male	V65		1						-	-	01:08:58	252	-	-	-	-	-	
John-Paul	Smith McGlo	488	Male	Sen	Beeston AC	1						-	-	00:45:07	100	-	-	-	-	-	
Chris	Shatford	438	Male	V45		1						-	-	00:48:50	140	-	-	-	-	-	
Thomas	Ward	290	Male	Sen		1						-	-	-	-	-	00:43:34	172	-	-	
Brad	Musgrove	652	Male	Sen		1						-	-	-	-	-	-	-	00:17:51	20	
Gary	Cragg	10	Male	V45	Holme Pierrepont RC	1						-	-	-	-	-	00:36:31	89	-	-	
Tim	Doyle	636	Male	V45		1						-	-	-	-	-	00:33:54	51	-	-	
Jarratt	Perkins	563	Male	V35	Notts AC	1						-	-	-	-	-	-	-	00:16:38	6	
Marc	Scott	189	Male	V35	Rushcliffe AC	1						-	-	00:38:20	24	-	-	-	-	-	
Jag	Rai	633	Male	V55		1						-	-	00:57:20	220	-	-	-	-	-	
Kevin	Piper	412	Male	V35		1						-	-	-	-	-	-	-	00:19:14	53	
Oliver	McClemens	595	Male	Sen	Mansfield Harriers	1						-	-	-	-	-	-	-	00:17:34	14	
Will	Meredith	524	Male	V45	Holme Pierrepont RC	1						-	-	-	-	-	-	-	00:19:51	64	
Kieron	Mcfarlane	654	Male	Sen		1						-	-	-	-	-	-	-	00:18:05	24	
Ed	Ingram	300	Male	Sen		1						-	-	-	-	-	-	-	00:19:58	68	
Robert	Lane	507	Male	V45	SINFIN RUNNING CLUB	1						-	-	-	-	-	-	-	00:24:37	175	
Thomas	Fitchett	70	Male	V45		1						-	-	-	-	-	-	-	00:21:07	96	
Jordan	Boam	583	Male	Sen	Mansfield Harriers	1						-	-	-	-	-	-	-	00:16:09	1	
Simon	Browning	579	Male	V45		1						-	-	-	-	-	-	-	00:20:25	79	

