

MEN'S TRACK RECORDS at 3rd July 2024

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|--------------|---------------|---------------------|-------------------------------------|---------------|----------|------------------|-------------------------------------|--------------------|
| Sen | 12.3 | Simon Leadley | Bingham 19.06.2008 | Mile | Sen | 4:41.6 | Philip Nind | Bingham 20.06.2023 |
| M35 | 12.4 | Gary Neill | Bingham 1.05.2008 | M35 | 4:53.3 | Graham Moffatt | Harvey Hadden 08.2007. | |
| M40 | 12.9 | Graham Moffatt | Bingham 1.05.2008 | M40 | 4:55.0 | Graham Moffatt | Harvey Hadden 16.07.2009 | |
| M45 | 13.63 | Graham Moffatt | Derby 23.05.2015 | M45 | 4:55.1 | Graham Moffatt | Harvey Hadden 19.06.2014 | |
| M50 | 13.86 | Graham Moffatt | Sheffield 14.07.2018 | M50 | 5:00.0 | Graham Moffatt | Harvey Hadden 19.07.2019 | |
| M55 | | Vacant | | M55 | 5:03.0 | Howard Partridge | Harvey Hadden 08.2007 | |
| M60 | 17.1 | William Scott | Harvey Hadden 12.05.2012 | M60 | 5:20.7 | Howard Partridge | Harvey Hadden 06.2012 | |
| M65 | 16.2 | Howard Partridge | Bingham 19.07.2017 | M65 | 5.59.3 | Martin Walters | Bingham 18.06.2024 | |
| M70 | 18.13 | William Scott | Harvey Hadden 12.05.2018 | M70 | 6:11.07 | Neil Hamilton | Harvey Hadden 08.2006 | |
| M75 | 28.6 | John Oldfield | Masters, Western Australia 10.08.23 | M75 | 9:11.9 | John Oldfield | Masters, Western Australia 31.08.23 | |
| M80 | | | | M80 | | | | |
| 200m | | | | 3000m | | | | |
| Sen | 25.6 | Simon Leadley | Bingham 19.06.2008 | Sen | 9.:25.8 | Philip Nind | Bingham 19.07.2023 | |
| M35 | 27.8 | Steve Eatherington | Bingham 26.08.2015 | M35 | 9:36.4 | Andrew Barron | Bingham 18.07.2018 | |
| M40 | 26.6 | Graham Moffatt | Bingham 23.08.2009 | M40 | 9:33.0 | Paul Roome | Copenhagen 6.11.2017 | |
| M45 | 27.03 | Graham Moffatt | Derby 23.05.2015 | M45 | 9:42.42 | Graham Moffatt | Harvey Hadden 25.05.2014 | |
| M50 | 29.1 | Graham Moffatt | Wakefield 8.07.2018 | M50 | 10:14.25 | Graham Moffatt | Derby 12.05.2019 | |
| M55 | 29.5 | Howard Partridge | Bingham 1.05.2008 | M55 | 10:24.7 | Howard Partridge | Bingham 1.05.2008 | |
| M60 | 35.5 | Derek Poole | Bingham 4.06.2009 | M60 | 10:36.4 | Howard Partridge | Bingham 4.09.2013 | |
| M65 | 33.4 | Howard Partridge | Bingham 19.07.2017 | M65 | 12:19.1 | John Oldfield | Perth, Australia 03.2009 | |
| M70 | 39.9 | John Oldfield | Perth, Australia 19.11.2013 | M70 | 12:49.6 | John Oldfield | Perth, Australia 29.11.2013 | |
| M75 | 39.1 | Neil Hamilton | Bingham 26.08.2015 | M75 | 15:44.4 | Neil Hamilton | Bingham 26.08.2015 | |
| M80 | 57.6 | John Oldfield | Perth, Australia 05.10.2023 | M80 | 17:38.4 | John Oldfield | Perth, Australia 05.10.2023 | |
| 400m | | | | 5000m | | | | |
| Sen | 56.16 | Andrew Reynolds | Loughborough 24.08.2019 | Sen | 15:45.0 | Matthew Nutt | Bingham 6.09.2017 | |
| M35 | 60.0 | Steve Eatherington | Bingham 27.07.2016 | M35 | 16:44.0 | Chris Campbell | Harvey Hadden 20.08.22 | |
| M40 | 59.8 | Graham Moffatt | Bingham 23.08.2009 | M40 | 17:08.5 | Graham Moffatt | Harvey Hadden 06.2012 | |
| M45 | 59.32 | Graham Moffatt | Derby 23.05.2015 | M45 | 17:08.8 | Graham Moffatt | Harvey Hadden 14.06.13 | |
| M50 | 61.3 | Graham Moffatt | Bingham 19.06.2019 | M50 | 17:33.85 | Graham Moffatt | Harvey Hadden 27.07.2019 | |
| M55 | 71.2 | Kevin Ford | Bingham 27.07.2016 | M55 | | Vacant | | |
| M60 | 78.2 | Derek Poole | Bingham 4.06.2009 | M60 | 18:03.2 | Howard Partridge | Bingham 6.09.2012 | |
| M65 | 69.2 | Howard Partridge | Bingham 18.07.2018 | M65 | 19:46.8 | Martin Walters | Bingham 08.08.2023 | |
| M70 | 82.7 | John Oldfield | Perth, Australia 21.11.2013 | M70 | 21:59.8 | John Oldfield | Perth, Australia 3.12.2013 | |
| M75 | 2:04.8 | John Oldfield | Masters, Western Australia 17.08.23 | M75 | 29:47.2 | John Oldfield | Perth, Australia 21.09.2023 | |
| M80 | | | | M80 | 31:26.02 | John Oldfield | Perth Australia 12.10.2023 | |
| 800m | | | | 10000m | | | | |
| Sen | 2:05:9 | Philip Nind | Bingham 19.07.2023 | Sen | | Vacant | | |
| M35 | 2:13.57 | James Kirkwood | Loughborough 12.06.24 | M35 | | Vacant | | |
| M40 | 2:12.6 | Graham Moffatt | Bingham 1.05.2008 | M40 | 37:32.9 | Matthew Grange | Bingham 25.03.2018 | |
| M45 | 2:08.63 | Graham Moffatt | Birmingham 23.05.2015 | M45 | 37:01.2 | Graham Moffatt | Leicester 14.09.2016 | |
| M50 | 2:13.2 | Graham Moffatt | Bingham 19.06.2019 | M50 | | Vacant | | |
| M55 | 2:38.8 | Malvin Smith | Stratford 12.06.2024 | M55 | 42.52.82 | Malvin Smith | Horspath 26.05.24 | |
| M60 | 2:26.1 | Howard Partridge | Bingham 1.05.2013 | M60 | 43:25.80 | John Oldfield | Riccione, Italy 13.09.2007 | |
| M65 | 2:38.5 | Howard Partridge | Bingham 19.07.2017 | M65 | 44:32.0 | John Oldfield | Perth, Australia 6.11.2009 | |
| M70 | 3:02,5 | John Oldfield | Perth, Australia 10.12.2013 | M70 | 47:46.9 | John Oldfield | Perth, Australia 5.11.2013 | |
| M75 | 3:22.9 | Neil Hamilton | Bingham 26.08.2015 | M75 | | Vacant | | |
| M80 | 4:31.12 | John Oldfield | Perth, Australia 05.10.2023 | | | | | |
| 1500m | | | | | | | | |
| Sen | 4:33.3 | Matt Nutt | Bingham 19.06.2019 | | | | | |
| M35 | 4:31.2 | Andrew Barron | Bingham 19.06.2019 | | | | | |
| M40 | 4:40.9 | Graham Moffatt | Bingham 19.06.2009 | | | | | |
| M45 | 4:27.43 | Graham Moffatt | Loughborough 15.07.2015 | | | | | |
| M50 | 4:39.74 | Graham Moffatt | Loughborough 29.07.2019 | | | | | |
| M55 | 4:58.7 | Howard Partridge | Bingham 19.06.2008 | | | | | |
| M60 | 5:03.8 | Howard Partridge | Bingham 1.05.2013 | | | | | |
| M65 | 5:50.80 | John Oldfield | Lahti, Finland 6.08.2009 | | | | | |
| M70 | 6:06.5 | John Oldfield | Perth, Australia 11.03.2014 | | | | | |
| M75 | 7:06.2 | Neil Hamilton | Bingham 26.08.2015 | | | | | |
| M80 | 9:00.06 | John Oldfield | Perth Australia 12.10.2023 | | | | | |